

CURRICULUM VITAE: JILLIAN HALLADAY

RN, BScN, MSc, PhD

Banting Postdoctoral Fellow

University of Sydney, Australia

McMaster University, Canada

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EDUCATION

PhD, Health Research Methodology 2018 - 2022

McMaster University

- Dissertation: Characterizing the co-occurrence of substance use and mental health symptoms among adolescents in general population and clinical samples (resulting in 3 publications)
- Comprehensive Exam Study (Passed with Distinction): Multilevel missing data strategies: A case study examining the associations between social and emotional learning on student academic achievement using a large three-level data set

Master of Science in Clinical Epidemiology 2015 - 2018

McMaster University

- Thesis: Temporal trends in the association between cannabis use and mental health in a nationally representative sample of Canadian young and older adults (resulting in 3 publications)

Bachelor of Science in Nursing 2011 - 2015

McMaster University

Additional Education

- Longitudinal Structural Equation Modelling – CenterStat *In progress*
- Introduction to Generalized Linear Mixed Models – The Analysis Factor 2021
- Sex and Gender in Primary Data Collection with Human Participants - CIHR 2021
- Sex and Gender in the Analysis of Secondary Data from Human Participants - CIHR 2021
- An Introduction to Finite Mixture Modeling – The Center for Integrated Latent Variable Research 2020
- Foundations of Structural Equation Modeling – Stats Camp, Todd Little 2019
- Canada Good Clinical Practice (GCP) Investigator – CITI Program 2019
- McMaster University Chart Review Tutorial 2019
- Ethical Conduct for Research Involving Humans Course on Research Ethics (TCPS 2: CORE) 2014

RESEARCH FUNDING

1. Hamilton Health Sciences New Investigator Fund
The CAMP Study, cannabis and alcohol use in an acute clinical sample of youth
Role: Principal Investigator
Total Funding: \$37,000 (CAD)
2019 - 2021

2. Frayne Great Big Stories Grant
Measuring, understanding, and improving quality of life in a young adult substance use program
Role: Principal Investigator
Total Funding: \$20,000 (CAD)
2021-2022

3. McMaster Partnered in Teaching and Learning Garden Grants Program
GrowGrads: Co-design and development of strategic priorities and an educational plan to strengthen graduate student:faculty supervisory relationships
Role: Co-applicant
Full Applicant List: Catharine Munn (PI), Lynn Armstrong (co-PI), Emma Bruce (Co-A), Loa Gordon (Co-A), Mojan Naisani Samani (Co-A), Valentina Antonapillai (Co-A), Jillian Halladay (Co-A), Emma Apatu (Co-A), Catharine Connelly (Co-A), Martin Gibala (Co-A), Susan Jack (Co-A), Anna Moro (Co-A), Gillian Mulvale (Co-A), Tracy Prowse (Co-A), Michael Thompson (Co-A), Andrea Cole (Co-A), Kate Whalen (Co-A), and Emma Bruce (Co-A)
Total Funding: \$25,000
2022-2023

4. Funding Agency: CIHR Team Grant: Transitions in Care
Navigation to enhance post-secondary students' acute mental health care transitions
Nominated Principal Applicant: Kristin Cleverly
Role: Co-applicant
Full Applicant List: Cleverly K (NPI), Daley M (Co-PI), Levinson A (Co-PI), Stergiopoulos V (Co-PI), Barbic S (Co-A), Davies J (Co-A), de Oliveira C (Co-A), Dimitropoulos G (Co-A), Ewing L (Co-A), Halladay J (Co-A), Hamza C (Co-A), Henderson J (Co-A), Lam J (Co-A), Ma C (Co-A), Munn C (Co-A), Rash J (Co-A), Szatmari P (Co-A), Uliaszek A (Co-A); Bartha C (KU), Cornish P (KU), Freeland A (KU), Gagarin R (KU)
Total Funding: \$906,393 (CAD)
Period of Funding: 2022-2026

Not Funded

5. Funding Agency: National Health and Medical Research Council, Australian Government
Project Epi-quate: Improving the detection of age-period-cohort trends in psychological distress by equating multiple Australian epidemiological surveys
Primary Chief Investigator (CI): Matthew Sunderland
Full Applicant List: Sunderland M (CI), Slade T (CI), O'Dean S (CI), Chapman C (CI), Mewton L (CI), Visontay R (CI), Keyes K (CI), Halladay J (CI), Baillie S (CI), Batterham P (Associate Investigator [AI]), Newton N (AI), Teesson M (AI), Butterworth P (CI)
Role: Chief Investigator
Total Funding Requested: \$464,556 (AUD)
Result: Not funded, Tier 5/6. To be resubmitted next cycle.

PEER REVIEWED PUBLICATIONS

1. Olarte-Godoy, J., Jack, S.M., Campbell, K., **Halladay, J.**, Cleverly, K., McGillion, M., & Links, P. (2023). Psychosocial interventions addressing suicidality in inpatient psychiatry: A scoping review protocol. *JBI Evidence Synthesis.*, <https://doi.org/10.11124/JBIES-22-00146>

2. **Halladay, J.**, MacKillop, J., Munn, C., Amlung, M., & Georgiades, K. (2022). Individual-and school-level patterns of substance use and mental health symptoms in a population-based sample of secondary students: A multilevel latent profile analysis. *Drug and Alcohol Dependence*, 240, 109647. <https://doi.org/10.1016/j.drugalcdep.2022.109647>

3. **Halladay, J., *Woock, R., *Xu, A., *Boutros Salama, M., & Munn, C. (2022).** Professor Hippo-on-Campus: Developing and evaluating an educational intervention to build mental health literacy among university faculty and staff. *Journal of American College Health*, 1-12. <https://doi.org/10.1080/07448481.2022.2115305>
4. **Halladay, J., Freibott, C.E., Lipson, S.K., Zhou, S., & Eisenberg, D. (2022).** Trends in the co-occurrence of substance use and mental health symptomatology in a national sample of US post-secondary students from 2009 to 2019. *Journal of American College Health*, 1-14. <https://doi.org/10.1080/07448481.2022.2098030>
5. Duncan, L., *Smith, S., Wang, L., & **Halladay, J. (2022).** Development and psychometric evaluation of the Ontario Child Health Study Emotional Behavioural Scales Teacher Version (OCHS-EBS-T): A teacher checklist for dimensional measurement of selected DSM-5 disorders in elementary school-aged children. *Psychiatry Research*, 312, 114574. <https://doi.org/10.1016/j.psychres.2022.114574>
6. Minhas, M., Belisario, K., González-Roz, A., **Halladay, J., Morris, V., Keough, M., Murphy, J., & MacKillop, J. (2021).** Is Talk Cheap? Correspondence between self-attributions about changes in drinking and longitudinal changes in drinking during the COVID-19 pandemic. *Alcoholism: Clinical and Experimental Research*, 45(12), 2560-2568. <https://doi.org/10.1111/acer.14724>
7. **Halladay, J., Horricks, L., Amlung, M., MacKillop, J., Munn, C., Nasir, Z., Woock, R. *, & Georgiades, K. (2021).** The CAMP study: Feasibility and clinical correlates of standardized assessments of substance use in a youth psychiatric inpatient sample. *Child and Adolescent Psychiatry and Mental Health*, 15(1), 48. <https://doi.org/10.1186/s13034-021-00403-4>
8. Meenu, M., Belisario, K., González-Roz, A., **Halladay, J., Murphy, J., & MacKillop, J. (2021).** COVID-19 impacts on drinking and mental health in emerging adults: Longitudinal changes and moderation by economic disruption and sex. *Alcoholism: Clinical and Experimental Research*, 45(7), 1448-1457. <https://doi.org/10.1111/acer.14624>
9. Ogrodnik, M., **Halladay, J., Fenesi, B., Heisz, J., & Georgiades, K. (2020).** Examining associations between physical activity and academic performance in a large sample of Ontario students: The role of inattention and hyperactivity. *Journal of Physical Activity and Health*, 17(12), 1231-1239. <https://doi.org/10.1123/jpah.2020-0174>
10. Minhas, M., Oshri, A., Amlung, M., Dennhardt, A., Ferro, M., **Halladay, J., Munn, C., Tucker, J., Murphy, J., & MacKillop, J. (2020).** Latent profile analysis of heavy episodic drinking in emerging adults: A reinforcer pathology approach. *Alcoholism: Clinical and Experimental Research*, 44(10), 2130-2140. <https://doi.org/10.1111/acer.14438>
11. **Halladay, J., *Woock, R., El-Khechen, H., Munn, C., MacKillop, J., Amlung, M., Ogrodnik, M., Favotto, L., Aryal, K., Noori, A., Kiflen, M., & Georgiades, K. (2020).** Patterns of substance use among adolescents: A systematic review. *Drug and Alcohol Dependence*, 216, 108222. <https://doi.org/10.1016/j.drugalcdep.2020.108222>
12. **Halladay, J., Bennett, K., Weist, M., Boyle, M., Manion, I., Campo, M., & Georgiades, K. (2020).** Teacher-student relationships and mental health help seeking behaviors among elementary and secondary students in Ontario Canada. *Journal of School Psychology*, 81, 1-10. <https://doi.org/10.1016/j.jsp.2020.05.003>
13. **Halladay, J.E., Mackillop, J., Munn, C., Jack, S.M., & Georgiades, K. (2020).** Cannabis use as a risk factor for depression, anxiety, and suicidality: Epidemiological associations and implications for nurses. *Journal of Addictions Nursing*, 31(2), 92-101. <https://doi.org/10.1097/jan.0000000000000334>
14. Kim, S., Favotto, L., **Halladay, J. et al. (2020).** Differential associations between passive and active forms of screen time and adolescent mood and anxiety disorders. *Social Psychiatry and Psychiatric Epidemiology*, 55(11), 1469-1478. <https://doi.org/10.1007/s00127-020-01833-9>

15. Vedelago, L., **Halladay**, J., Munn, C., Georgiades, K., & Amlung, M. (2020). Cannabis and the learning brain. *Frontiers for Young Minds*, 8:52. <https://doi.org/10.3389/frym.2020.00052>
16. **Halladay**, J., Scherer, J., MacKillop, J., *Woock, R., Petker, T., Linton, V., & Munn, C. (2019). Brief interventions for cannabis use in emerging adults: A systematic review, meta-analysis, and evidence map. *Drug and Alcohol Dependence*, 204, 107565. <https://doi.org/10.1016/j.drugalcdep.2019.107565>
17. Petker, T.D., **Halladay**, J., Vedelago, L., Ferro, M.A., Tucker, J., Goldman, M.S., Murphy, J.G., & MacKillop, J. (2019). Predictors of aging out of heavy episodic drinking in emerging adults: A systematic review protocol. *Systematic Reviews*, 8(1), 230. <https://doi.org/10.1186/s13643-019-1139-9>
18. **Halladay**, J.E., Munn, C., Boyle, M., Jack, S.M., & Georgiades, K. (2019). Temporal changes in the cross-sectional associations between cannabis use, suicidal ideation, and depression in a nationally representative sample of Canadian adults in 2012 compared to 2002. *The Canadian Journal of Psychiatry*, 65(2), 115-123. <https://doi.org/10.1177/0706743719854071>
19. Brouwers, M.C., Lavis, J.N., Spithoff, K., Vukmirovic, M., Florez, I.D., Velez, M., Kibria, M., Sekercioglu, N., Kamler, E., **Halladay**, J., Sandhu, J., Ali, A., Jaffer, A., Kiflen, R., & Pemderton, J. (2019). Assessment of health systems guidance using the Appraisal of Guidelines for Research and Evaluation–Health Systems (AGREE-HS) instrument. *Health Policy*, 123(7), 646-651. <https://doi.org/10.1016/j.healthpol.2019.05.004>
20. **Halladay**, J., Boyle, M., Munn, C., Jack, S., & Georgiades, K. (2018). Sex differences in the association between cannabis use and psychological distress, depression, and suicidal behaviours among Canadians. *Canadian Journal of Psychiatry*, 64(5), 345-350. <https://doi.org/10.1177/0706743718804542>
21. **Halladay**, J., Petker, T., Fein, A., Munn, C., & MacKillop, J. (2018). Brief interventions for cannabis use in emerging adults: Protocol for a systematic review, meta-analysis, and evidence map. *Systematic Reviews*, 7(1), 106. <https://doi.org/10.1186/s13643-018-0772-z>
22. **Halladay**, J., Fein, A., MacKillop, J., & Munn, C. (2018). PAUSE: The development and implementation of a novel brief intervention program targeting cannabis and alcohol use among university students. *The Canadian Journal of Addiction*, 9(2), 34-42. <https://doi.org/10.1097/CXA.000000000000020>
23. **Halladay**, J., Dawdy, J. McNarmara, I., Chen, A., Vitoroulis, I., McInnes, N., & Munn, C. (2018). Mindfulness for the mental health and well-being of post-secondary students: A systematic review and meta-analysis. *Mindfulness*, 10(3), 397-414. <https://doi.org/10.1007/s12671-018-0979-z>
24. Dawdy, J., **Halladay**, J., Carrasco-Labra, A., Araya, I., Yanine, N., & Brignardello-Petersen, R. (2017). Efficacy of adjuvant laser therapy in reducing post-surgical complications after the removal of impacted mandibular third molars: Systematic review update. *The Journal of the American Dental Association*, 148(12), 887-902.e4. <https://doi.org/10.1016/j.adaj.2017.06.043>

PUBLICATIONS UNDER REVIEW

1. **Halladay**, J., Stead, V., McCarron, C., Kennedy, M., King, K., Venantius, M., Carter, A., Syan, S., Matthews, M., Khoshroo, S., Massey, M., Rahman, L., Burns, J., MacKillop, E., Raymond, H., & MacKillop, J. Initial insights from a quality improvement initiative to develop an evidence-informed young adult substance use program. (Revision Submitted; Available as a Pre-Print). <https://doi.org/10.1101/2022.10.21.22281362>
2. **Halladay**, J., Rahman, L., Luvisa, M., Mawson, M., Massey, M., Burns, J., Kennedy, M., King, K., Douglas-Micallef, K., Carter, A., Stead, V., McCarron, C., Khoshroo, S., MacKillop, E., Raymond, H., Younger, L., Punia, K., Venantius, M., Matthews, M., & MacKillop, J. Measuring and understanding “quality of life” among emerging adults in a substance use program. (Invited Revision).

3. **Halladay, J.**, Georgiades, K., MacKillop, J., Lipman, E., Pires, P., & Duncan, L. Identifying patterns of substance use and mental health concerns among adolescents in inpatient and outpatient treatment using latent profile analyses. (*Invited Revision*).
4. **Halladay, J.**, MacKillop, J., Acuff, S., Amlung, M., Munn, C., & Georgiades, K. Early substance use initiation and school environment: A multilevel latent class analysis in a large population-representative sample. (*Under Review*).
5. Acuff, S.F., Pace, R., Cole, H., Belisario, K., Dennhardt, A.A., Wallace, A., Minhas, M., González-Roz, A., **Halladay, J.E.**, Tucker, J.A., MacKillop, J., & Murphy, J. COVID-19 attenuated ongoing declines in drinking trajectories among American emerging adults: A longitudinal analysis. (*Under Review; Available as a Pre-Print*). <https://doi.org/10.31234/osf.io/4cd6y>
6. De Rubeis, V., Repchuck, R., **Halladay, J.**, Thabane, L., & Georgiades, K. Examining associations between teacher distress and student mental health outcomes: Evidence from the School Mental Health Survey. (*Under Review*).

RESEARCH EXPERIENCE

<p>Banting Postdoctoral Fellowship The Matilda Centre for Research in Mental Health and Substance Use University of Sydney, Australia</p> <ul style="list-style-type: none"> • Leading program of work related to historical and developmental trends in co-occurring substance use and mental health concerns among youth 	<p>2022 - Present</p>
<p>Research Associate, Post-Secondary Mental Health Promotion McMaster University Okanagan Committee</p> <ul style="list-style-type: none"> • Providing substantive and methodological guidance related to measuring and monitoring campus mental health and well-being, and engaging with interested parties across campus in related decision-making and planning • Providing statistical and technical writing mentorship to students and early career research staff 	<p>2022 - Present</p>
<p>Research Associate and Lead of Program Development St. Joseph's Hospital and the Peter Boris Centre for Addictions Research</p> <ul style="list-style-type: none"> • Led program development and evaluation for a novel evidence-based Young Adult Substance Use Program including an environmental scan, clinical and lived experience expert consultations, and program manualization and materials • Built the infrastructure for research and measurement-based care • Secured external funding and facilitated a mixed-methods study on the programs core quality of life outcome measure, which was co-designed, co-facilitated, and co-interpreted with youth with lived expertise 	<p>2020 - Present</p>
<p>Research Assistant, Homewood Research Institute Standard Metrics to Assess Outcomes of Youth Digital Mental Health Interventions Project</p> <ul style="list-style-type: none"> • Assisted with data-extraction for the systematic review and meta-analyses, panel meeting preparation, and manuscript writing 	<p>2021</p>
<p>Project Consultant, Cannabis Guide School Mental Health Ontario, Ministry of Education</p> <ul style="list-style-type: none"> • Co-developed "A Practice Guide for School Mental Health Professionals: School-based Interventions Related to Cannabis Use" 	<p>2019</p>

- Co-facilitated a 2-day “train the trainer” conference for School Mental Health Leads and professionals across Ontario

Research Assistant, Systematic Review Lead 2018 - 2019

Michael G. DeGroot Centre for Medicinal Cannabis

- Led a review on brief interventions for cannabis use in emerging adults

Research Assistant, Mental Health Education 2018

Professor Hippo-on-Campus at McMaster University

- Involved in the development and refinement of the sampling approach, measurement selection, and analysis strategy (including the ethics submission and revisions) for an educational video series on student mental health for staff in post-secondary settings
- Responsible for writing the methods, conducting the data analyses, and writing the results section of the report and for presentations

Research Internship 2015 - 2018

Offord Centre for Child Studies

- Explored and published work using the School Mental Health Surveys

Research Assistant, Intervention Project 2015 - 2018

Arrive and Thrive at McMaster University

- Involved in the development and refinement of evidence-informed interventions for post-secondary student coping
- Co-led literature reviews and data analyses for coping-focused interventions (exercise, mindfulness, procrastination, substance use)

Quality Improvement Project Research Assistant 2014 - 2015

National Depression Care Quality Improvement Project

McMaster University Student Wellness Centre

RESEARCH CONSULTATIONS

Consultant, Canadian Nurses Association June 2020

Cannabis and Psychosis Nursing Education

Consultant, Canadian Centre for Substance Use and Addiction January 2020

Brief Intervention for Cannabis Use: Self completed workbook

Independent Contractor, RAND December 2019

‘Getting to Outcomes’ interventions for the US Air National Guard

- Subject matter expert to provide feedback regarding brief interventions, measurement, and monitoring for the following topics: alcohol misuse, work-life balance, and healthy relationships and communication

CLINICAL EXPERIENCE

Registered Nurse, Child & Youth Mental Health 2015 - 2021

McMaster Children’s Hospital, Hamilton, ON

Intervention Lead, Substance Use Counsellor 2015 - 2017

Arrive and Thrive at McMaster University, Hamilton, ON

TEACHING EXPERIENCE

- Sessional Instructor, Nursing Research** 2017 - present
McMaster University School of Nursing (Online & In-Person)
- Facilitating lecture and supervision of student research projects
- Instructor, Praxis Pathways “Exercise for Mental Health”** 2022 - present
McMaster University Bachelor of Health Sciences Program
- Virtual module including asynchronous lectures and a synchronous workshop
- Guest Lecturer/Facilitator, Nursing Mental Health (Graduate)** January 2023
University of Toronto
- Title: “Exercise for Mental Health: Evidence and Nursing Considerations”
- Guest Lecturer/Facilitator, Health Measurement (Graduate)** 2020 - 2022
McMaster University Department of Health Research Methods, Evidence, and Impact
- Invited lecture: “Measuring Cannabis Consequences: identify, evaluate, and apply” January 2020 and 2021
 - Invited lecture and workshop: “Structural Equation Modelling (SEM) for Confirmatory Factor Analysis” March 2021 and 2022
- Teaching Assistant, Health Measurement (Graduate)** 2020 - 2022
McMaster University Department of Health Research Methods, Evidence, and Impact
- Facilitating discussions, hosting office hours, assisting with quiz development and marking
- Clinical Training, Addiction Psychology Fundamentals** May 2021
Peter Boris Centre for Addictions Research
- Invited talk “Pleasant Activities and Social Support”
 - Training for clinical psychology students and clinical providers within the Young Adult Substance Use Program
- Guest Lecturer/Facilitator, Coping with COVID and Stress** May 2020
McMaster University
- Online module: “Mind your body: Exercise to improve your physical health, mental health, and focus”
- Guest Lecturer/Facilitator, Health Policy (invited)** November 2019
Laurier University
- Title: “The buzz kill on current high expectations of cannabis”

SUPERVISION EXPERIENCE

- Undergraduate Thesis Co-supervisor, Health Sciences** 2021 – 2022
- Student: Marina Boutros Salama
 - Student thesis: Understanding the Wellbeing of Residents and Partners (UnWRaP) Project
 - Co-supervisor with Dr. Catharine Munn and Dr. Enas el Gouhary
- Undergraduate Thesis Co-supervisor, Psychology and Behavioural Neurosciences** 2021 – 2022
- Student: Sadanee Pathiranawasam
 - Student thesis: Co-development and Evaluation of a Mental Health Literacy Program for Graduate Teaching Assistants
 - Co-supervisor with Dr. Catharine Munn

- Research Co-op Supervisor, Hamilton Wentworth District School Board** 2021
- Andia Willis - The impact that COVID19 has had on the opioid crisis in Canada: A rapid review
 - Brianna Lovisa - How social media and social standards affect youth mental health: A rapid review

- Undergraduate Thesis Co-supervisor, Health and Aging** 2019 – 2020
- Student: Rachel Woock
 - Student thesis: Professor Hippo-on-Campus: a pilot study for a student mental health education program for educators and navigators
 - Co-supervisor with Dr. Catharine Munn

PROFESSIONAL & ACADEMIC ORGANIZATIONS

Associate, Research Institute of St. Joe’s Hamilton 2022 - present
Mental Health and Addictions Research Program

Member, Association for Child and Adolescent Mental Health 2022 - present

Mental Health Education and Promotion Sub-committee Member 2021 - 2022
Okanagan Mental Health and Well-being Task Force, McMaster University

Society of Addiction Psychology, Social Media Committee Member 2020 – 2021

Student Affiliate, Division 50: Society of Addiction Psychology 2020 - 2022

Knowledge User Board Member 2019 - 2020
Michael G. DeGroot Centre for Medicinal Cannabis Research

Vice-President, Academic 2017 - 2020
Health Research Methods Student Association, McMaster University

Member (#15094274), College of Nurses of Ontario 2015 - present

HONOURS & AWARDS

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|-------------|---|
| 2022 | Jane Murphy Award for top trainee poster presentation at CAPE (\$200 CAD) |
| 2022 - 2024 | Banting Postdoctoral Fellow (\$140,000 CAD; ranked 1 st) |
| 2021 - 2022 | Health Research Methodology Graduate Studies Award (\$4,000 CAD) |
| 2021 | CCSA CIHR Sponsored Poster Presentation Award (\$500 CAD) |
| 2021 | The Association for Child and Adolescent Mental Health Research Trainee of the Year |
| 2018 - 2021 | CIHR Doctoral Research Training Award (\$105,000 CAD) |
| 2021 | Health Research Methodology Program Award (\$500 CAD) |
| 2021 | Faculty of Health Sciences Graduate Program Outstanding Achievement |

2020	David L. Sackett Graduate Scholarship (\$5,000 CAD)
2019	CCSA CIHR Sponsored Poster Presentation Award (\$500 CAD)
2019	McMaster Student Union Teaching Award
2018	Faculty of Health Sciences Graduate Program Outstanding Achievement
2018	Excellence in Oral Presentation Award
2017	Excellence in Poster Presentation Award
2013 - present	Member of the Golden Key Society
2011 - 2015	Dean's List
2014	Dr. Harry Lyman Hooker Scholarship (\$1500 CAD)
2011 - 2014	General Undergraduate Bursary (\$2150 CAD)
2011 - 2014	Queen Elizabeth Scholarship (\$6144 CAD)
2011	McMaster Honour Award, Level 3 (\$1200 CAD)

CERTIFICATIONS & CONTINUING TRAINING

Renewed Annually	Certified in Red Cross Emergency First Aid and CPR Level HCP
2022	Professor Hippo-on-Campus Student Mental Health Education Teaching Assistant Workshop, McMaster University
2021	Management of cooccurring alcohol and other drug and mental health conditions in alcohol and other drug treatment settings (Comorbidity Guidelines, Matilda Centre)
2021	Community Reinforcement Approach and Family Training
2020	Professor Hippo-on-Campus Student Mental Health Education Program for Educators and Navigators
2020	Dialectical Behavioural Therapy Training
2020	Professor Hippo-on-Campus Student Mental Health Education Program for Educators and Navigators, McMaster University
2019	Emotion Focused Skills Training
2015 - 2021	Nonviolent Crisis Intervention Training
2017	Supporting Survivors of Sexual Assault Workshop
2015 - 2017	Dialectical Behavioural Therapy Staff Skills Group
2016	Pediatric Venipuncture Training

2016	Motivational Interviewing Introductory and Advanced Training
2015	Licensed Registered Nurse in Ontario
2014	Certified in Mental Health First Aid

REVIEW ACTIVITIES

Journal Peer Review:

• The American Journal on Addictions	2022
• Substance Abuse: Research and Treatment	2022
• Cannabis	2022
• Social Psychiatry and Psychiatric Epidemiology	2022
• Cureus	2022
• Drug and Alcohol Dependence (DAD) and DAD Reports	2020 - 2022
• International Journal of Drug Policy	2022
• Cannabis and Cannabinoid Research	2022
• Journal of American College Health	2021 – 2022
• Journal of the Canadian Academy of Child and Adolescent Psychiatry	2019 – 2022
• Canadian Medical Association Journal (CMAJ) and CMAJ Open	2018 - 2022
• International Journal of Drug Policy	2021
• Canadian Journal of Addiction	2021

Grant Peer Review:

• Frayme: Great Big Stories (GBS) Substance Use Stream Grant Adjudication Committee, Academic Reviewer	2021
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PRESENTATIONS

*Conference Oral Presentations (presenters underlined; *students)*

1. Halladay, J., Ogrodnik, M., Farag Alla*, J., Sunderland, M., Slade, T., Georgiades, K. (Accepted; 2023, February). Are exercise and sports participation related to student substance use and mental health symptoms? Australasian Society of Behavioural Health and Medicine. Geelong, VIC. Rapid Presentation.
2. Halladay, J., Luvisa, M., Mawson, M. (2022, February). Creating and evaluating a young adult substance use program (YA-SUP). Frayme Learning Institute. Virtual.
3. Halladay, J., Amarioarei, R., Kennedy, M., King, K., Raymond, H., McCarron, C., Holshausen, K., MacKillop, J. (2021, October). Young adult substance use outpatient program: Program development, patient characteristics, and preliminary outcomes. Canadian Psychiatric Association Annual Conference. Virtual.
4. Halladay, J., Horricks, L., Amlung, M., Munn, C., MacKillop, J., Horricks, L., Georgiades, K. (2021, October). The CAMP study: Exploring substance use among in an adolescent psychiatric sample. Canadian Psychiatric Association Annual Conference. Virtual.
5. Punia, K., Halladay, J., Burns, J., Kennedy, M., King, K., Matthew, M., Venantius, M., Ali, S., McCarron, C., Raymond, H., MacKillop, J. (2021, October). Examining preliminary outcomes from a young adult substance use outpatient program (YA-SUP). Canadian Society of Addiction Medicine Scientific Conference. Virtual [Oral Abstract].

6. **Halladay**, J., Amlung, M., Munn, C., MacKillop, J., Horricks, L., Georgiades, K. (Accepted 2020, Presented 2021, May). Learning from a study of substance use on an inpatient youth mental health unit: a discussion of methodological and ethical considerations. Legacy Research Conference, Arthur Labatt School of Nursing, Western University. London, Canada.
7. **Halladay**, J. (2021, April). David Sackett Graduate Scholarship recipient presentation: Optimizing youth Wellbeing. Health Research Methods, Evidence, and Impact Research Day. Virtual.
8. **Halladay**, J., Amlung, M., Munn, C., MacKillop, J., Horricks, L., Georgiades, K. (2020, November). The CAMP study: Exploring cannabis and alcohol Use among an acute clinical sample of youth. International Society of Addiction Medicine and Canadian Society of Addiction Medicine Annual Meeting and Scientific Conference. Virtual.
9. **Halladay**, J., Amlung, M., Munn, C., MacKillop, J., Horricks, L., Georgiades, K. (2020, July). The CAMP study: Exploring cannabis and other substance use in an acute mental health clinical sample of youth. Association for Public Policy Analysis and Management International Conference. Virtual.
10. **Halladay**, J. (2019, October). Brief Interventions for Cannabis Abuse among Emerging Adults: Recent Results from a Meta-analysis. Preconference: Substance use trajectories, brief interventions, and collaborative care for emerging adults. Society for the Study of Emerging Adulthood. Ottawa, Canada.
11. **Ogrodnik**, M., **Halladay**, J., Fenesi, B., Heisz, J., & Georgiades, K. (2019, June). The role of attentional control in the association between physical activity and academic performance: Results from a large sample of Ontario students. North American Society for the Psychology of Sport and Physical Activity, Baltimore, United States.
12. **Munn**, C., **Halladay**, J., **Carter**, N. (2019, April). Mindfulness: An introduction to the evidence and practice of mindfulness and meditation in youth. 19th Annual Practical Pediatrics Conference. Hamilton, Canada.
13. **Halladay**, J. (2018, October). Temporal trends in the association between cannabis use and mental health in a nationally representative sample of Canadian young & middle-aged adults. Canadian Society of Addiction Medicine Annual Meeting (accepted). Vancouver, Canada.
14. **Halladay**, J. (2018, May). Exploring the relationship between cannabis and emotional problems using Canadian population data: Moderating effects of frequency of use, female sex, developmental age, and time. Faculty of Health Sciences Research Plenary. Hamilton, Canada.
15. **Munn**, C., **Halladay**, J., **Fein**, A., **MacKillop**, J. (2017, October). "Pause": Development and feasibility of a novel SBIRT program targeting marijuana, alcohol and tobacco use among university students. Canadian Society of Addiction Medicine Annual Meeting and Scientific Conference, Niagara, Canada.
16. **Munn**, C., **MacKillop**, J., **Fein**, A., **Halladay**, J. (2016, October). Pause: A novel SBIRT initiative for alcohol and marijuana targeting University students. International Society of Addictions Medicine Conference, Montreal, Canada.
17. **Halladay**, J., **Earl**, D., **Kent**, R., **McLeod**, D., **Young**, J., **Nifakis**, D., & **Munn**, C. (2014, January). NCDP McMaster University: Our successes and challenges. National College Depression Partnership: Learning Session 3, New York, United States.

Other Oral Presentations

18. **Halladay**, J. (2023, February). The intersection between mental health nursing and the epidemiology of youth substance use: From Canada to Australia. The Matilda Centre and Medical University of South Carolina Symposium. Sydney, Australia.

19. **Halladay, J.** (2023, January). Co-occurring substance use and mental health concerns among youth: Societal trends, school patterns, & clinical presentations. St. Joseph's Healthcare Hamilton Mental Health and Addiction Program Rounds. Invited Virtual Talk.
20. **Mawson, M., Halladay, J., Luvisa, M.** (2022, October), The impact of youth engagement in the Young Adult Substance Use Program. Frayme Conversations in Action Event. Invited Virtual Talk.
21. **Halladay, J.** (2022, October). Thinking about the connection between substance use and mental health. Youth Mental Health Association "Speak Your Mind" Conference. Invited Virtual Talk.
22. **Munn, C., Halladay, J., Bruce, E.** (2022, June). Development, co-creation, and evaluation of a mental health literacy program for graduate student teaching assistants. Stakeholder Presentation. Virtual.
23. **Halladay, J.** (2022, May). Characterizing the co-occurrence of substance use and mental health symptoms among adolescents in general population and clinical samples. Peter Boris Centre for Addictions Research Seminar Series. Virtual.
24. **Halladay, J.** (2021, March). Examining the co-occurrence of substance use and mental health concerns among adolescents in the general population and clinical samples. Peter Boris Centre for Addictions Research Seminar Series – Substance Use in Youth. Virtual.
25. **Halladay, J.** (2021, March). CAMP Study Report 2019-2020: Youth substance use prior to psychiatric hospitalization. Ron Joyce Children's Health Centre Rounds. Virtual.
26. **Halladay, J.** (2020, August). Teacher-student relationships and mental health help-seeking behaviour among elementary and secondary students in Ontario. Lanark County Child and Youth Services Collaborative. Virtual.
27. **Halladay, J.** (2020, January). The CAMP study: Preliminary results. Ron Joyce Children's Health Centre Rounds. Hamilton, Canada.
28. **Halladay, J.** (2019, January). The high and the lows of cannabis: Cannabis and internalizing disorders among youth. Offord Centre for Child Studies Lunch and Learn. Hamilton, Ontario.
29. **Halladay, J.** (2018, October). The high and the lows of cannabis (Webinar). The Ontario Health Schools Coalition Web-Meeting. Ontario, Canada.
30. **Halladay, J.** (2018, October). The high and the lows of cannabis: Depression, anxiety, and suicide. Ron Joyce Children's Health Centre Rounds. Hamilton, Canada.
31. **Halladay, J.** (2018, May). The high and the low. 3-Minute Thesis Competition, Hamilton, Canada.

*Poster Presentations (first author presented; *students)*

32. **Halladay, J., Luvisa, M., Mawson, M., Rahman, L., Burns, J., Massey, M., Khoshroo, S., YA-SUP Team, & MacKillop, J.** (2022, November). Measuring, understanding, and improving quality of life in a young adult substance use program. Canadian Society of Addiction Medicine Scientific Conference. Virtual.
33. **Halladay, J., Sunderland, M., Georgiades, K., Boak, A., Hamilton, H., Teesson, M., Slade, T.** (2022, October). Examining temporal trends in the co-occurrence of substance use and psychological distress among Ontario students from 2013 to 2019. Canadian Academy of Psychiatric Epidemiology Scientific Symposium. Toronto, Ontario.
34. **Halladay, J., Burns, J., Punia, K., Stead, V., Khoshroo, S., Massey, M., Kennedy, M., King, K., Syan, S., Matthews, M., Venantius, M., MacKillop, E., McCarron, C., Raymond, H., MacKillop, J.** (2022, June). Mental health comorbidity profiles and mechanistic correlates in alcohol-involved patients in a young adult substance use

program. Research Society on Alcoholism, 45th Annual RSA Scientific Meeting. Orlando, Florida.

35. Stead, VE., **Halladay, J.**, Rahman, L., Syan, S., Carter, A., Kennedy, M., King, K., Mathew, M., Venantius, M., MacKillop, E., Brasch, J., Balodis, I., Amlung, M., McCarron, C., Raymond, H., MacKillop, J. (2022, June). Young adults versus adults in an outpatient concurrent disorders program: Differences in alcohol and other substance use, psychiatric comorbidities, motivation, and impulsivity. Research Society on Alcoholism, 45th Annual RSA Scientific Meeting. Orlando, Florida.
36. **Halladay, J.**, Georgiades, K., Duncan, L. (2022, May). Identifying comorbid substance use and mental health symptom profiles among adolescents presenting to inpatient and outpatient psychiatric care in Hamilton, Ontario. 33rd Annual McMaster Psychiatry Research & Scholarship Day. [Virtual Poster].
37. Boutros Salama*, M., El Gouhary, E., Munn, C., **Halladay, J.**, Harlock, H. (2022, May). The UnWRaP study: Exploring the associations between medical trainee-partner relationships and wellbeing during residency and fellowship training. 33rd Annual McMaster Psychiatry Research & Scholarship Day. [Virtual Poster].
38. Pathiranawasam*, S., **Halladay, J.**, Bruce, E., Xu, A., & Munn, C. (2022, May). Development, co-creation, and evaluation of a mental health literacy intervention on a university campus for graduate student teaching assistants in Hamilton, Ontario. 33rd Annual McMaster Psychiatry Research & Scholarship Day. [Virtual Poster].
39. **Halladay, J.**, Georgiades, K., Duncan, L. (2022, April). Substance use and mental health symptom profiles among adolescents presenting to inpatient and outpatient psychiatric care in Hamilton, Ontario. Health Research Methods, Evidence, and Impact Research Day. [Virtual Poster].
40. **Halladay, J.**, Kennedy, M., King, K., Raymond, H., McCarron, C., MacKillop, J. (2021, November). Young Adult Substance Use Outpatient Program: Program development, patient characteristics, and preliminary outcomes. Canadian Centre of Substance use and Addiction's Issues of Substance Conference [Virtual Poster].
41. **Halladay, J.**, MacKillop, J., Munn, C., Amlung, M., Georgiades, K. (2021, November). Patterns of substance use and mental health symptomatology among elementary and secondary students and schools across Ontario, Canada. Canadian Centre of Substance use and Addiction's Issues of Substance Conference [Virtual Poster].
42. **Halladay, J.**, MacKillop, J., Amlung, M., Munn, C., Horricks, L., Georgiades, K. (2021, March). Substance use predictors of repeat psychiatric hospital visits among adolescents in Ontario. Collaborative Perspectives on Addiction [Virtual Poster].
43. **Halladay, J.**, Munn, C., Horricks, L., MacKillop, J., Amlung, M., Georgiades, K. (2021, February). Substance use in a youth psychiatric inpatient sample: Feasibility outcomes from a pilot study. CAMH Cannabis Knowledge Exchange Forum. Toronto, Canada [Virtual Poster].
44. **Halladay, J.**, Amlung, M., Munn, C., MacKillop, J., Horricks, L., Georgiades, K. (2020, October). The CAMP study: Exploring cannabis and alcohol use among an acute clinical sample of youth. Hamilton Health Sciences Research Awareness Month. Hamilton, Canada [Virtual Poster].
45. **Halladay, J.**, Amlung, M., Munn, C., MacKillop, J., Horricks, L., Georgiades, K. (2020, April). The CAMP study: Exploring cannabis and alcohol use among an acute clinical sample of youth. Collaborative Perspectives of Addiction. San Diego, United States [Virtual Poster].
46. **Halladay, J.**, Munn, C. (2019, November). Brief interventions for cannabis use among emerging adults: A systematic review of existing studies and protocol for a novel intervention. Canadian Centre on Substance Use and Addiction's Issues of Substance 2019 conference. Ottawa, Canada.
47. Ogrodnik, M., **Halladay, J.**, Fenesi, B., Heisz, J., & Georgiades, K. (2019, July) The relationship between physical activity, attention, and academic performance: Results from a large sample of Ontario students. McMaster Symposium on Education and Cognition, Hamilton, Canada.

48. **Halladay, J.**, Favotto, L., El-Khechen, H., Aryal, K., Kiflen, M., Woock, R*, Noori, A., Munn, C., MacKillop, J., Amlung, M., Georgiades, K. (2019, May). Patterns of adolescent substance use and symptoms of mental disorders: A systematic review and latent profile analysis using two representative samples of Ontario adolescents. 31st Annual McMaster Psychiatry Research Day. Hamilton, Canada.
49. Xu*, A., **Halladay, J.**, Woock, R., Scherer, J., Petker, T., Linton, V., MacKillop, J., Munn, C. (2019, May). Mapping the evidence of brief interventions for cannabis use among emerging adults. 31st Annual McMaster Psychiatry Research Day. Hamilton, Canada.
50. Woock*, R., **Halladay, J.**, Xu, A., Scherer, J., Petker, T., Linton, V., MacKillop, J., Munn, C. (2019, May). Brief interventions for cannabis use among emerging adults: A systematic review and meta-analysis. 31st Annual McMaster Psychiatry Research Day. Hamilton, Canada.
51. **Halladay, J.**, Munn, C., MacKillop, J., Amlung, M., Georgiades, K. (2019, April). Patterns of youth substance use and symptoms of mental health disorders: A latent profile analysis of youth in Ontario, Canada. Collaborative Perspectives on Addiction Annual Meeting. Providence, United States.
52. **Halladay, J.**, Georgiades, K. (2019, March). Measuring mental health and mental illness in a representative sample of Canadian emerging adults. Health Research Methods, Evidence, and Impact Research Day. Hamilton, Canada.
53. **Halladay, J.**, Scherer, J., Woock, R., MacKillop, J., Petker, T., Linton, V., Munn, C. (2019, March). Brief interventions for cannabis use in emerging adults: A systematic review, meta-analysis, and evidence map. Health Research Methods, Evidence, and Impact Research Day. Hamilton, Canada.
54. **Halladay, J.**, MacKillop, J., Boyle, M., Georgiades, K. (2018, October). School contextual level influences and student substance use: A multilevel approach in a large sample of adolescents. Canadian Society of Addiction Medicine Annual Meeting. Niagara Falls, Canada.
55. **Halladay, J.**, MacKillop, J., Georgiades, K. (2018, October). School factors and cannabis use in a large sample of adolescents. 30th Annual Research Day Department of Psychiatry and Behavioural Neurosciences. Montreal, Canada.
56. **Halladay, J.**, Boyle, M., Munn, C., Jack, S., Georgiades, K. (2018, March). Moderating effects of female sex on the relationship between marijuana use and psychological distress, depression, and suicidal behaviours among Canadians. Health Research Methods, Evidence, and Impact Research Day. Hamilton, Canada.
57. **Halladay, J.**, Bennet, K., Manion, I., Campo, M., Georgiades, K. (2018, February). Teacher-student relationships and mental health help seeking behaviours among elementary and secondary students in Ontario Canada. Ontario Education Research Symposium. Toronto, Canada.
58. **Halladay, J.**, MacKillop, J., Georgiades, K. (2018, February). School factors and cannabis use in a large sample of adolescents. Ontario Education Research Symposium. Toronto, Canada.
59. **Halladay, J.**, MacKillop, J., Georgiades, K. (2017, October). Exploration of school factors that are associated with student substance use in Ontario secondary students. Canadian Society of Addiction Medicine Annual Meeting and Scientific Conference. Montreal, Canada.
60. Fein, A., Munn, C., **Halladay, J.**, MacKillop, J. (2017, October). Emerging adult cannabis users receiving a brief intervention for cannabis misuse: Descriptive results from a post-secondary sample. Canadian Society of Addiction Medicine Annual Meeting and Scientific Conference. Montreal, Canada.
61. Munn, C., **Halladay, J.**, Fein, A. (2017, May). Koru at McMaster: A 4-week group program teaching meditation and mindfulness practice to post-secondary students. 29th Annual Research Day Department of Psychiatry and Behavioural Neurosciences. Hamilton, Canada.
62. Zhang, L., **Halladay, J.**, Fein, A., Munn, C. (2017, May). Exploring change procrastination group for

postsecondary students: Program development, implementation and feasibility study. 29th Annual Research Day Department of Psychiatry and Behavioural Neurosciences. Hamilton, Canada.

63. Dawdy, J., **Halladay, J.**, Brignardello-Petersen, R. (2017, May). Efficacy of adjuvant laser therapy in reducing post-surgical complications after the removal of impacted mandibular third molars: Systematic review update. Faculty of Health Sciences Research Plenary. Hamilton, Canada.
64. **Halladay, J.**, Georgiades, K. (2017, May). Teacher student relationships and mental health service utilization in Ontario school youth. Faculty of Health Sciences Research Plenary. Hamilton, Canada.
65. **Halladay, J.**, Dawdy, J., Munn, C., McInnes, N. (2017, March). Mindfulness interventions for mental health and well-being of post-secondary students: A systematic review and meta-analysis. Health Research Methods, Evidence, and Impact Research Day. Hamilton, Canada.
66. **Halladay, J.**, Georgiades, K. (2017, May). Teacher student relationships and mental health service utilization in Ontario school youth. 29th Annual Research Day Department of Psychiatry and Behavioural Neurosciences. Hamilton, Canada.
67. Munn, C., MacKillop, J., Fein, A., **Halladay, J.** (2017, May). Pause: Development and feasibility of a novel SBIRT approach to marijuana, alcohol and tobacco use among university student. 29th Annual Research Day Department of Psychiatry and Behavioural Neurosciences. Hamilton, Canada.
68. **Halladay, J.**, Fein, A., Carter, N., Mockler, K., MacKillop, J., Munn, C. (2016, May). Koru at McMaster: A preliminary evaluation of a 4-week structured program of stress-management, meditation and mindfulness for post-secondary students. 28th Annual Research Day Department of Psychiatry and Behavioural Neurosciences. Hamilton, Canada.
69. **Halladay, J.**, Earl, D., Kent, R., McLeod, D., Young, J., Nifakis, D., & Munn, C. (2014, May). McMaster student depression initiative: A quality improvement collaborative. 26th Annual Research Day Department of Psychiatry and Behavioural Neurosciences. Hamilton, Canada.

NON-PEER REVIEWED REPORTS & ARTICLES

1. **Halladay, J.**, Luvisa, M., Mawson, M., Rahman, L., Burns, J., Douglas-Micallef, The YA-SUP Research and Clinical Team, & MacKillop, J. (2022). Measuring and understanding quality of life in a young adult substance use program using mixed methods. *Frayme Great Big Stories: Substance Use Stream End of Grant Report*. Public summaries of results and youth engagement practices available here: <https://www.cdcapacitybuilding.com/projects-3>
2. Quintana, Y., Sztainert, T., Research Team (Cooper, A., **Halladay, J.**, Liao, Z., Parthak, A., Srivastava, G., Valliant, S., Walji, A.), & Expert Panel (2021). Improving digital mental health services for youth with valid and reliable measurement scales. *Homewood Research Institute Report*, Guelph, Ontario, Canada. <https://hrresearch.com/>
3. **Halladay, J.** (2021). The CAMP Study Report 2019-2020: Youth substance use prior to psychiatric hospitalizations. Detailed findings from the Cannabis, Alcohol, Mental Health and Patterns of Service Use Study. *Stakeholder Report*. Available here: <http://www.jillianhalladay.com/wp-content/uploads/2022/09/CAMP-Visual-Report-2020.pdf>
4. School Mental Health Ontario (Potts, A., & **Halladay, J.**). (2019). A practice guide for school mental health professionals: School-based Interventions related to cannabis use. Retrieved from: <https://smho-smsso.ca/wp-content/uploads/2019/10/School-Based-Interventions-Related-to-Student-Cannabis-Use.pdf>

5. **Halladay, J., Earl, D., Munn, C. (2014).** The McMaster depression initiative: Improving depression care at McMaster's Student Wellness Centre. *CACUSS communiqué*. Retrieved from: https://issuu.com/cacuss/docs/communique_fall_2014_-_web
6. **Halladay, J. (2014).** Dealing with depression. *Wellness@Mac*. Retrieved from: <https://wellness.mcmaster.ca/dealing-with-depression/>

MEDIA

1. **Halladay, J. (2022; June 27).** Youth substance use and co-occurring mental health concerns. The Association for Child and Adolescent Mental Health (ACAMH) Podcast. <https://t.co/TTc1BiMmJh> (listens as of January 2023: 2,149)
2. Munn, C., & **Halladay, J. (2020).** Cannabis and mental health. McMaster Medical Student Radio (Radio Interview). Part 1: <https://podbay.fm/p/the-id-podcast/e/1587938400> Part 2: <https://podbay.fm/p/the-id-podcast/e/1593381600>
3. **Halladay, J. (2020).** Cannabis and mental health. McMaster Alumni (Webinar). Found here: (<https://www.youtube.com/watch?v=3N9az5uy2oA> (~120 live attendees, views as of January 2023: 1,000))
4. **Halladay, J. (2019).** Expert conversations: Youth mental health and cannabis use for The Science of Cannabis. Collaboration between the Peter Boris Centre for Addictions Research, the Michael G. DeGroote Centre for Medicinal Cannabis Research, and McMaster Continuing Education (podcast interview). Found here: https://www.youtube.com/watch?v=nMtv4CG-ewY&list=PLh0ze1_YMMPjB9v_V1JoobQsdj1rJtvat&index=5&t=0s (used in curriculum, public views as of January 2023: 321)
5. **Halladay, J. (2017).** Let's talk about Cannabis. The AlmaMac (radio interview).